

A father asked his son to carry a letter from their camp to the village. He pointed out a trail over which the lad had never gone before "All right, Dad, but I don't see how that path will ever reach the town," said the boy. "Do you see the trail as far as the big tree down there?" asked the father.

"Oh, yes, I see that far." said the boy.

"Well, when you get there by the tree, you'll see the trail a little farther ahead, and so on until you get within sight of the houses of the village." Even so we should trust God, being willing to follow His directions one step at a time. Indeed, "The LORD is good unto them that wait for him, to the soul that seeketh him." Lamentations 3:25

Overnight "Buttermilk" Biscuits

Mix dry ingredients in a bowl. 2 cups spelt or white wheat flour 2 cups oat flour (blended quick oats)

1 Tbsp organic sugar 2 tsp salt

In another container, mix together wet ingredients. 1/2 cup olive oil 1 1/3 cup soymilk 2 Tbsp lemon juice

Refrigerate ingredients in separate bowls overnight. (Do not skip this step.

The contrast of the cold ingredients with the hot oven is essential to a mild leavening effect that yields the more flaky texture of these unleavened biscuits.) In the morning, preheat the oven to 400 °F (200°C). Mix together the ingredients quickly. The bowl should be able to be cleaned with the dough,

if not, add a little more flour. On a prepared cookie sheet (I use parchment paper.), roll the biscuit dough to between ¼ and ½ inch (1-1½ cm). Cut in desired biscuit shapes. (Instead of rerolling, I just cut the circles and leave the other pieces to bake too since generally we break up the biscuits for gravy anyway.) Bake until lightly browned (about 45 min.). Serve.

Country Gravy-- 3 ¹/₂ Tbsp unbleached or white wheat flour 2 Tbsp olive oil 2 ¹/₂ cups soymilk ¹/₂ tsp salt ¹/₄ tsp Lawry's-like seasoning* 1 tsp onion powder 2-3 better franks* cut in small pieces Mix with wire whip in skillet on stovetop until thickened. Add better franks* to the gravy. Serve. *Recipe available here: <u>https://www.swiftrunnerministries.com/vegan-recipes.php</u>

QUOTABLE QUOTES

"If you have so much business to attend to that you have no time to pray, depend upon it that you have more business on hand than God ever intended you should have."--Dwight L. Moody

PROFITABLE TRADITIONS - CULTIVATE HEALTH

"Make your breakfast correspond more nearly to the heartiest meal of the day." {CD 173.2} Tips for Eating Breakfast like a King even with limited morning time.

- 1. Decide what you are eating for breakfast the day before. (You'd be surprised how much time this saves.) I write "tomorrow's" menu on a small white board.
- 2. Set the table for breakfast the night before. Also compile all ingredients, recipes, correct measuring cups, etc. the night before. For example, when making pancakes, I mix up all the dry ingredients (flour, salt) in a bowl the night before. All the wet ingredients (oil, honey) are gathered and set on the table, except any refrigerated items (soymilk). The skillet and the pancake flipper are also set out. (This also saves more time than you might think.)
- 3. In the morning, follow a reasonable order of operations. Mix up items to be cooked or baked first. Then, cut fresh fruit and pull out toppings, etc. while the other food is cooking. If you move quickly in the morning, even a pancake breakfast for 2-4 can be on in about 20 minutes. (For 3 or 4, add an extra skillet.)
- 4. Have granola & milk, toast or whole grain bagels, nuts, nut butters & seeds on hand for extra busy days.



Order of Operations Editor's Note and Study to Show Thyself Approved

Among ancient Greeks the runner who won the race was not the man who crossed the line in the shortest time, but the man who crossed it in the least time with his torch still burning. We are so often so busy with life's activities that we are in danger of allowing the torch of our spiritual life to become extinguished. Perhaps this is why Jesus admonished, "...but he that <u>endureth</u> to the end shall be saved." Matt. 10:22b Often in the rush and hurry of life we feel in danger of being "jostled out of our spirituality." And indeed, there is a real danger of being too busy to be good, of running too fast to keep our torch burning. No wonder "cares of this life" are also included in one of Jesus' last-day warnings. "And take heed to yourselves, lest at any time your hearts be overcharged with surfeiting [consuming too much of anything- food, shopping, etc., loading or filling to disgust.], and drunkenness, and cares of this life, and so that day come upon you unawares." Luke 21:34 Now, I have noticed that, especially among health-reforming Christians who are temperate in food and drink, Satan tries extra hard to catch them in the "cares of this life." This is a trap even for the elect. But instead of getting

caught up in the cares of this life Matthew Henry said, "It ought to be the business of every day to prepare for our last day." This danger of the weeds of "the cares of this life" is that they can literally choke out everything good. Jesus said, "And that [seed] which fell among thorns are they, which, when they have heard, go forth, and are <u>choked with</u> cares and riches and pleasures of this life, and bring no fruit to

RIBLE PICTURE PATHWAYS.COM

<u>perfection</u>." Luke 8:14 While many of us don't need to worry about riches, and many Christians may feel they keep "the pleasures of this life" in check,

EVERYBODY has "cares."

But the warning is that those who are choked by cares "bring no fruit to perfection." This is exactly the opposite of the effect of the seed of the



word as described in 2 Timothy 3:16,17 "All scripture is given by inspiration of God, and is profitable for doctrine, for reproof, for correction, for instruction in righteousness: <u>That the man of God may be perfect</u>, throughly furnished unto all good works."

So work is good, but "cares" may ruin your spiritually. This concept provokes an interesting thought, *while some weeds are bad, some are simply plants that are in the wrong place.* For example, I want grass in my yard, but not in the flowerbed. Eccl. 3:1 reminds us, *"To every thing there is a season, and a time to every purpose under the heaven:"* and 1 Cor. 14:40 *"Let all things be done decently and in order."* God's timing then must include an order of operations, yet in life the temptation to give up that which is important for that which is pressing is always there. For example, Hudson Taylor (missionary to China) stated, *"The hardest part of a missionary career is to maintain regular, prayerful Bible study. Satan will always find you something to do, when you ought to be occupied about that - if it is only arranging a window blind!"* Indeed, even practical, profitable tasks can distract from that which is important.

George Muller stated, "Often the work of the Lord itself may be a temptation to keep us from that communion with Him which is so essential to the benefit of our own souls." This describes something that is good in and of itself, but it is in the wrong place. Consider the story of Mary and Martha. "Now it came to pass, as they went, that he entered into a certain village: and a certain woman named Martha received him into her house. And she had a sister called Mary, which also sat at Jesus' feet, and heard his word. But <u>Martha</u> was cumbered about much serving, and came to him, and said, Lord, dost thou not care that my sister hath left me to serve alone? bid her therefore that she help me. And Jesus answered and said unto her, Martha, Martha, thou art careful and troubled about many things: <u>But one thing is needful: and Mary hath chosen that good part</u>, which shall not be taken away from her." Luke 10:38-42

This story teaches the first order of operations in God's timing. "One thing is needful." So what exactly is the good part that Mary was doing? She was sitting at Jesus' feet and hearing His word. This gives new meaning to "But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you." Matthew 6:33 We cannot give away something we don't have. We must first sit at Jesus feet and hear His word. This is the first order of the day. John 15:5 tells why. Jesus said, "I am the vine, ye are the branches: He that abideth in me, and I in him, the same bringeth forth much fruit: for without me ye can do nothing." Think about it, if the disciples had tried to feed the multitudes before getting food from Jesus, they would have had nothing to give. In addition, those who try to serve others before taking time with God often apostatize and lose their own salvation. Mark 8:36 warns, "For what shall it profit a man, if he shall gain the whole world, and lose his own soul?" The Tyndale Bible phrases this where it could even include helping others, "What shall it profet a man <u>vf he shuld wynne all ye worlde</u> and loose his awne soule?" We must go to God first for our orders for the day. This is shown in the prayer Jesus taught us to pray "Thy kingdom come. Thy will be done in earth, as it is in heaven." Matt. 6:10 Every morning Christ received directions from His Father. Have you ever wondered why Jesus didn't go

immediately when Lazarus was sick? That was not the direction He had received for the day. Mary Slessor (missionary to Nigeria) wrote, "Christ never was in a hurry. There was no rushing forward, no anticipating, no fretting over what might be. Each day's duties were done as each day brought them, and the rest was left with God."

I believe next in line in God's order of operations is health. 3 John 2 places physical health also at the top of the list in line with spiritual health saying, "Beloved, I wish above all things that thou mayest prosper and be in health, even as thy soul prospereth." While God calls us to service for others, He does not call us to overwork at the expense of our health. Romans 12:1 states, "I beseech you therefore, brethren, by the mercies of God, that ye present your bodies a living sacrifice, holy, acceptable unto God, which is your reasonable service." God calls only for our reasonable service. Just as the Israelites were not to present a maimed animal for sacrifice, we are called to present our bodies a "living sacrifice." Leviticus 22:20, 24 say, "But whatsoever hath a blemish, that shall ye not offer: for it shall not be acceptable for you... Ye shall not offer unto the LORD that which is bruised, or crushed, or broken, or cut; neither shall ye make any offering thereof in your land." Therefore, I believe "The health should be as sacredly guarded as the character."
{Christian Temperance and Bible Hygiene, pg. 82} And indeed, Paul warned of intemperance causing spiritual loss. "And every man that striveth for the mastery is temperate in all things. Now they do it to obtain a corruptible crown; but we an incorruptible...But I keep under my body, and bring it into subjection: lest that by any means, when I have preached to others, I myself should be a castaway." 1 Cor. 9:25, 27

I love how Jesus sums up His chosen order of operations. "And he answering said, Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy strength, and with all thy mind; and thy neighbour as thyself." Luke 10:27 Note that service to our neighbor actually falls after loving God with all our heart (spiritual health), strength (physical health), and mind (mental health.) First things must come first or the results can sometimes be drastic. For example, recently, I was researching what caused people to "become" or at least be diagnosed as bipolar (manic depressive). One of my conclusions was startling. Most people were diagnosed between 18 and their early 20s. Most were intelligent, successful people in college but fit the description of over-achievers. Their intemperance and overwork often coupled with no physical exercise, sleep and sunshine, etc., caused a corresponding crash into depression. It is something Christians must be on the alert for because even normal and godly people like Elijah can have a mountaintop experience, like Mt. Carmel, followed by fear and depression of spirits, running and hiding from Jezebel. (See 1 Kings 19) I like John Wesley's plan. Wesley was a zealous worker for God who helped many thousands of people, but he stated, "Though I am always in a haste, I am never in a hurry, because I never undertake more work than I can go through with perfect calmness of spirit."
Indeed, one who is spiritually empty cannot give away that which he does not have. One who is mentally distraught cannot encourage others, and one who makes himself physically sick will neutralize much of his ability for service to others.

The truth is, "By neglecting physical exercise, by overworking mind or body, we unbalance the nervous system. Those who thus shorten their lives and unfit themselves for service by disregarding nature's laws, are guilty of robbery toward God. And they are robbing their fellow men also." {Christ's Object Lessons, pg. 346}

We must follow God's timing and order of operations if we would really be truly successful in bringing forth fruit. First we must sit at Jesus' feet and listen to His word. Next we must sacredly guard our health as we do the character. And then we can pass on the blessings of good physical, mental, and spiritual health to others. For a wise man once wrote, "A prudent man foreseeth the evil, and hideth himself: but the simple pass on, and are punished." Proverbs 22:3



Atheists and "Cultural Christianity"

Prophetic News Notes

2 Peter 3:3-7 states, "Knowing this first, that there shall come in the last days scoffers, walking after their own lusts, And saying, Where is the promise of his coming? for since the fathers fell asleep, all things continue as they were from the beginning of the creation. For this they willingly are ignorant of, that by the word of God the heavens were of old, and the earth standing out of the water and in the water: Whereby the world that then was, being overflowed with water, perished: But the heavens and the earth, which are now, by the same word are kept in store, reserved unto fire against the day of judgment and perdition of ungodly men." Scoffers, including atheists and evolutionists, in spite of themselves, fulfill prophecy. But sometimes they also establish the validity of Christianity by other means than scoffing. For example, I once read of an atheist (someone who doesn't believe in God) who set out to find a stable, safe society that wasn't Christian in order to prove that man did not need God. This young atheist lawyer boasted that he was going west to locate some place where there were no churches, no church schools, and no Bibles. However, before the year was over, he wrote to a

classmate, a young minister, begging him to come out and start a church. "Be sure to bring plenty of Bibles," he urged, "I have become convinced that a place without Christians.., churches, or Bibles is too much like hell for any living man to stay in." Indeed, even atheists cannot argue against the benefit of Christianity for a stable society.

Modernly, Thrive News reported a similar, yet different, case. "Renowned atheist and evolutionary biologist Richard Dawkins



has sparked intrigue by labeling himself a 'cultural Christian'...Despite his skepticism about the veracity of the Bible, Dawkins is adamant that no other faith can adequately substitute for fostering an ideal societal framework. 'It's true that statistically, the number of people who actually believe in Christianity is going down and I'm happy with that, but I would not be happy if, for example, we lost all our cathedrals and our beautiful parish churches. So, I count myself a cultural Christian,' Dawkins explained. He clarified that while he doesn't hold Christian beliefs and rejects its tenets entirely, he appreciates the societal fabric woven by Christianity, feeling a sense of belonging within it ..."¹

Upon further investigation we found that when asked whether it would matter if Christianity in the UK was replaced by another religion, Dawkins also stated, "I think it would matter, certainly if we substituted any alternative religion. That would be truly dreadful...If I had to choose between Christianity and Islam, I'd choose Christianity every single time. I mean, it seems to me to be a fundamentally decent religion...I find that I like to live in a culturally Christian country although I do not believe a single word of the Christian faith."²

Despite this, in answer to the headliner question of the Thrive News article, "Is this renowned atheist embracing Christianity?" we vote "No." At this point, although Dawkins believes Jesus was a historical figure, he cannot seem to get past the miraculous happenings in the Bible like creation, the resurrection, and the virgin birth, and he's not yet recommending Bible reading. Sadly, similar to Dawkins, many churches today are filled with 'cultural Christians," who like to belong to a Christian "club" or culture, but do not truly believe enough to trust God's word and order their lives accordingly. "Nevertheless the foundation of God standeth sure, having this seal, The Lord knoweth them that are his. And, Let every one that nameth the name of Christ depart from iniguity." 2 Timothy 2:19

1-Screenshot https://thrivenews.co/2024/04/04/is-this-renowned-atheist-embracing-christianity/ 2- https://www.youtube.com/watch?v=COHgEFUFWyg



Raising a Few Questions about Baking Powder and "Friends"

"Therefore let us keep the feast, not with old leaven, neither with the leaven of malice and wickedness; but with the unleavened bread of sincerity and truth." 1 Cor. 5:8 In Bible times among God's people, although yeast-raised bread was used occasionally, unleavened bread was inarguably the most common. I believe this if for a good reason. Not all leavening agents contribute to good health, so even though it is likely that baking soda was available, it was not used as food. (See Prov. 25:20 and Jer. 2:22 "Historically, the term niter ...refer[ed] to compounds of sodium or potassium joined with carbonate or nitrate ions."¹ also Brown-Driver-Briggs'

Lexicon Hebrew Definition for H5427 "Definition: 1) natron, nitre, soda, carbonate of soda".)

Since we discovered this, it has been over ten years since we ceased using baking powder and baking soda of any kind in our food. Let's look at some of the science to understand why. "Baking soda has only one ingredient: sodium bicarbonate...All baking powders contain sodium bicarbonate (just like baking soda). But baking powder also contains

two acids. One of these acids is called monocalcium phosphate... baking powder also contains a second acid, either sodium acid pyrophosphate or sodium aluminum sulfate...Sodium bicarbonate is a base that reacts when it comes into contact with acids, like buttermilk.



BIBLE PICTURE PATHWAYS.COM

yogurt or vinegar. This reaction produces carbon dioxide (CO₂) in the form of bubbles (think of the grade school experiments involving fake volcanoes, vinegar and baking soda). When making baked goods, this process is called "chemical leavening," because the trapped CO₂ gas makes the dough or batter rise"²

Indeed, if you mix vinegar or lemon juice with baking soda you get quite the "volcanic" reaction. What most people fail to realize is that your stomach acid is an acid, meaning this volcanic reaction is what happens to your stomach when baking soda enters your digestive tract via your mouth. Dr. Robert Mendelsohn, commenting on the frequent practice of "giving...sodium bicarbonate (baking soda) or one of the over-the-counter antacids for a stomachache" states, "This is unwise for two reasons." After expounding on the fact that not all stomachaches come from excess acid (reason one), he gives reason two. If you "really have pain produced by excess stomach acid...sodium bicarbonate may relieve it temporarily, but because it neutralizes all of the acid in the stomach, it will cause a rebound effect. The...stomach will work overtime replacing the acid, probably with more acid than there was before."³ So the more you ingest baking soda, the more stomach acid your body produces to overcome the neutralizing of your stomach acid. (However, don't just throw your baking soda away, it makes a wonderful cleaning agent!)

But let's investigate a little more, what are some of the common antacids? "TUMS... is America's #1 antacid! One of the main reasons TUMS works so well is its active ingredient, calcium carbonate. Calcium carbonate is a naturally mined product and the primary active ingredient in all TUMS products. It goes to work in seconds to neutralize stomach acid and relieving heartburn. But what is calcium carbonate?...A material found all over the world, calcium carbonate has a few natural forms, including chalk (yup, the stuff you wrote with at school!), limestone, and marble. When calcium carbonate comes into contact with any kind of acid, carbon dioxide is created."⁴ Note, baking soda is "bicarbonate", this antacid is "carbonate." Interestingly enough, there is actually also a supposedly

"healthy" variety of baking powder whose main ingredients are calcium carbonate and magnesium carbonate.⁵ I wonder how many people using calcium carbonate baking powder realize that they are taking the active ingredient of Tums & Rolaids antacids?^{6a}

Antacid Alka Seltzer, however, may contain calcium carbonate or, more commonly, sodium bicarbonate (baking soda).^{6b} Many years ago, the fact that baking soda neutralizes stomach acid and causes inflammation was publicized, but apparently it was too convienient to give up. One scientific source stated, *"The question of using baking powder or soda involves some very sophisticated chemistry. However, since soda (all baking powders contain it) destroys vitamins in food in which it is used and because of the chemical residues from the use of baking powder in cooking, we have sought acceptable alternatives." ⁷*

In the history of baking powder the chemistry was quite unbalanced and residual salts were left behind in the food. These salts are irritants to the digestive tract. Baking soda or sodium bicarbonate, sometimes called 'saleratus' was also objectionable since in the process of neutralizing acid, it also oxidized many nutrients, including much of the B vitamins and vitamin C in the food. In 1914, one doctor wrote, *"My advice to housekeepers is to use as little baking powder as possible, serve unleavened bread, or that which is leavened with yeast."*

And modernly, there is also a published pharmacist, Suzy Cohen, RPh, who, among other things, is warning of the effect of sodium bicarbonate and calcium carbonate, etc. In her book <u>Drug Muggers</u>, under the heading *"Acid blockers and Antacids"* she states, *"When you suppress the natural acid that your body uses to break down food, medication, and supplements, you could develop more serious problems, such as food allergies, heart arrhythmias, tingling in the fingers and toes, depression, dizziness, and headache."⁹ Based on drug studies,¹⁰ she also lists under almost every nutrient, that it is depleted by sodium bicarbonate and calcium carbonate. Nutrients listed throughout her book include: vitamin A, biotin, calcium, Coenzyme Q10, folate (B₉), glutathione, iron, magnesium, melatonin, vitamin B₁₂, niacin (B₃), potassium, beneficial bacteria, B₆, riboflavin (B₂), selenium, thiamine (B₁), vitamins C and D, & zinc.¹⁰*

Maybe the lady who wrote in 1883 wasn't so far off when she said, "Hot biscuit raised with soda or baking-powder should never appear upon our tables. Such compounds are unfit to enter the stomach.— {R. and H., 1883, No. 19}¹¹ She also stated in the book <u>Healthful Living</u>, "Saleratus in any form should not be introduced into the stomach; for the effect is fearful. It eats the coatings of the stomach, causes inflammation, and frequently poisons the entire system. Some plead, 'I cannot make good bread and gems unless I use soda or saleratus.' You surely can if you will learn. Is not the health of your family of sufficient value to inspire you with ambition to learn how to cook and how to eat?"¹¹

1-<u>https://en.wikipedia.org/wiki/Niter</u> 2-<u>https://news.ncsu.edu/2014/05/baking-soda-powder/</u> 3- <u>How to Raise a Healthy Child in Spite of Your Doctor</u>, pg. 106 by Robert Mendelsohn, M.D.) 4- <u>https://www.tums.com/amp/what-is-calcium-carbonate.html</u> 5- <u>https://www.ener-g.com/products/baking-powder-1</u> 6a- <u>https://www.rolaids.com/en-us/antacids/extra-strength-tablets</u> 6b- <u>https://www.alkaseltzer.com/original/food-fun/fags</u> 7- Evaluation of Food Processing, R.S. Harris, pg. 477 8- "Father of the Pure Food Law", Good Housekeeping, May 1914, H.W. Wiley, MD, PhD 9- <u>Drug Muggers</u>, pg. 25 10- <u>Drug Muggers</u>, based on drug studies- pg. 148; also vitamin A --103, biotin--108, calcium--115, Coenzyme Q10--127, folate (B9)-137, glutathione--149, iron--158, magnesium--167, melatonin--180, vitamin B12--193, niacin (B3)-207, potassium--216, beneficial bacteria--226, B6-235, riboflavin (B2)--244, selenium-253, thiamine (B1)--262, vitamin C--270, vitamin D--280, and zinc--291 11- <u>Healthful Living</u>, pg. 81, Publisher: Battle Creek, MI: Medical Missionary Board or modernly, TEACH Services

The Hitchhiker

Roger Simms, hitchhiking his way home, would never forget the date--May 7. His heavy suitcase made Roger tired. He was anxious to take off his army uniform once and for all. Flashing the hitchhiking sign to the oncoming car, he lost hope when he saw it was a black, sleek, new Cadillac. To his surprise the car stopped. The passenger door opened. He ran toward the car, tossed his suitcase in the back, and thanked the handsome, well-dressed man as he slid into the front seat. "Going home for keeps?"

"Sure am," Roger responded.

"Well, you're in luck* if you're going to Chicago." "Not quite that far. Do you live in Chicago?"

"I have a business there. My name is Hanover." After talking about many things,

Roger, a Christian, felt a compulsion to witness to this fifty-ish, apparently successful businessman about Christ. But he kept putting it off, till he realized he was just thirty minutes from his home. It was now or never. So, Roger cleared his throat, *"Mr. Hanover, I would like to talk to you about something very important."* He then proceeded to explain the way of salvation, ultimately asking Mr. Hanover

if he would like to receive Christ as his Savior. To Roger's astonishment the Cadillac pulled over to the side of the road. Roger thought he was going to be ejected

Cadillac pulled over to the side of the road. Roger thought he was going to be ejected from the car. But the businessman bowed his head and received Christ, then thanked Roger. "This is the greatest thing that has ever happened to me."

Five years went by, Roger married, had a two-year-old boy, and a business of his own. Packing his suitcase for a business trip to Chicago, he found the small, white business card Hanover had given him five years before. In Chicago he looked up Hanover Enterprises. A receptionist told him it was impossible to see Mr. Hanover, but he could see Mrs. Hanover. A little confused as to what was going on, he was ushered into a lovely office and found himself facing a keen-eyed woman in her fifties. She extended her hand. "You knew my husband?"

Roger told how her husband had given him a ride when hitchhiking home after the war.

"Can you tell me when that was?"

"It was May 7, five years ago, the day I was discharged from the army." "Anything special about that day?"

Roger hesitated. Should he mention giving his witness? Since he had come so far, he might as well take the plunge. "Mrs. Hanover, I explained the gospel. He pulled over to the side of the road and wept against the steering wheel. He gave his life to Christ that day." Explosive sobs shook her body. Getting a grip on herself, she sobbed, "I had prayed for my husband's salvation for years. I believed God would save him."

"And," said Roger, "Where is your husband, Mrs. Hanover?"

"He's dead," she wept, struggling with words. "He was in a a car crash after he let you out of the car. He never got home. You see--I thought God had not kept His promise." Sobbing uncontrollably, she added, "I stopped living for God five years ago because I thought He had not kept His word!"

Don't give up on God. Indeed, "He hath made every thing beautiful in his time..." Ecclesiastes 3:11 So "Wait on the LORD: be of good courage, and he shall strengthen thine heart: wait, I say, on the LORD." Psalm 27:14

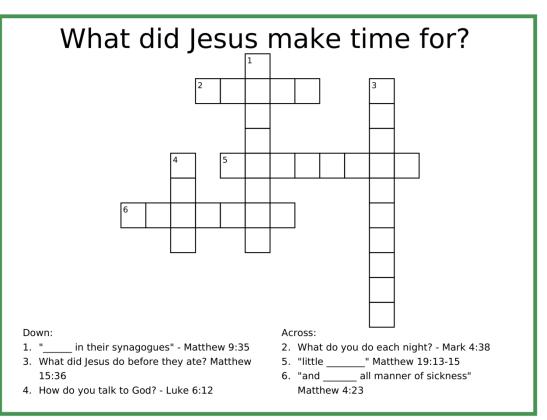
*We typically avoid using the word "luck" because according to former occultists it is a derivative of Lucifer. And if you think about it when we attribute things to good luck we are not really giving God the credit for the blessings He gives us. However, the man quoted in this story was not a Christian at that time.



God's Amazing Creatures



The red-eyed tree frog is native to forests from Central America to northwestern South America. This frog is known for its bright coloration, namely its vibrant green body with blue and yellow stripes on the side. It has a white underside, brightly red and orange colored feet, and is named after its distinctive bright red eyes. Red-eyed tree frogs are nocturnal and do most of their hunting for insects at night. Despite its bright coloration, the red-eyed tree frog is not poisonous, but many animals



that might like to eat it think it might be. God made the frog so colorful to help to protect the frog from its enemies. Isn't it pretty protection?

If you would like to begin receiving our monthly newsletter via e-mail, please contact us at <u>biblepathways@hotmail.com</u> Or visit us at: <u>www.biblepicturepathways.com</u> or <u>www.swiftrunnerministries.com</u>