A pioneer missionary to the Batak tribesman in Indonesia was told he could stay for two years during which time he studied the customs and traditions that ruled the people. At the end of that time the chief asked him if there was anything in the Christian religion that differed from the traditions of the Batak. "We too, have laws that say we must not steal, nor take our neighbor's wife, nor bear false witness," the chief said.

The missionary answered quietly, "My Master gives the power to *keep* His laws."

The chief was startled. "Can you teach my people that?" he asked.

"No, I cannot, but God can give them that power if they ask for it and listen to His Word," answered the missionary. The missionary was permitted to stay another six months, during which time he taught of the power of God. At the end of that time, the chief said, "Stay; your law is better than ours. Ours tells us what we ought to do. Your God says, 'Come I will walk with you and give you strength to do the good thing."

Indeed, it is written of Jesus, "But as many as received him, to them gave he power to become the sons of God, even to them that believe on his name:" John 1:12

Thanksgiving Dinner Loaf

½ cup boiling water2 tsp beef-like seasoning2½ cup gluten flour (organic, if possible)¼ cup nutritional yeast*

1/3 to ½ cup peanut or walnut butter 2 cups water

1/4 cup No-Brag Mock Aminos** (or 3 Tbsp yeast paste)

Preheat oven to 400°F (200°C). Combine wet ingredients, especially boiling water with nut butter. Combine dry ingredients. Mix together. Place in a prepared bread loaf pan and bake 15 minutes. Reduce to 350°F (175°C) and bake an additional 60 minutes. Let cool 20 minutes before slicing. Serve with gravy.



*May be replaced with 1 $\frac{1}{2}$ Tbsp blended pumpkin seeds and 1 $\frac{1}{2}$ Tbsp onion powder

**No-Brag Mock Aminos recipe on this page https://www.swiftrunnerministries.com/recipes--seasonings-notmeats-scratch.php

QUOTABLE QUOTES

"God has a church. It is not the great cathedral, neither is it the national establishment, neither is it the various denominations; it is the people who love God and keep His commandments. 'Where two or three are gathered together in my name, there am I in the midst of them' (Matthew 18:20). Where Christ is even among the humble few, this is Christ's church, for the presence of the High and Holy One who inhabiteth eternity can alone constitute a church." --The Upward Look, pg. 315

PROFITABLE TRADITIONS

George Washington Carver once said, "I love to think of nature as an unlimited broadcasting station, through which God speaks to us every hour if we will only tune in."

Look around you and observe God's color-coded messages in nature. Here are a few hints. Blue=God's law—Num.15:38, 39

Green=Hope & Trust in God, Faith—Jer. 17:7, 8; Psalm 52:8

Yellow-Gold=God's Love—Ps. 68:13— John 1:32— Rom. 5:5

White=Purity/Righteousness— Daniel 12:10, Rev. 19:8

Orange/Amber=God's glory— Eze. 1:27-28 Purple=Royalty

—Judges 8:26 Indeed, "The heavens declare the glory of God; and the firmament sheweth his handywork. Day unto day uttereth speech, and night unto night sheweth knowledge. There is no speech nor language, where their voice is not heard. Psalm 19:1-3



Tokens of Love

Editor's Note and Study to Show Thyself Approved

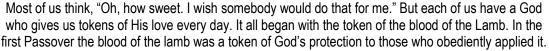


I once read the story of a man who had been driving on an out-of-the-way two-lane highway running thru the rural countryside. He noticed an old tumbledown barn standing in the middle of an open field. He had to smile to himself as he read the crudely printed message on one whole side of the barn. Apparently, some young man had scrawled in large letters with a piece of chalk:

"I love you, Kathy."

A few weeks later, as the driver drove down that same road, he looked in anticipation for the same romantic message. His disappointment was as great as his surprise. Not only was the message

gone, so was the barn. But soon his smile returned. Beside that field, on the back of a large road sign, scrawled in large white letters were the words: "I still love you, Kathy."



"And the blood shall be to you for a token upon the houses where ye are: and when I see the blood, I will pass over you, and the plague shall not be upon you to destroy you, when I smite the land of Egypt." Exodus 12:13

When Adam and Eve sinned, the first message of love in the gift of Eden was no longer accessible to mankind, but God sent His Son as a token/sign of God's continued love for mankind. Luke 2:11-12 records, "For unto you is born this day in the city of David a Saviour, which is Christ the Lord. And this shall be a sign unto you; Ye shall find the babe wrapped in swaddling clothes, lying in a manger. And suddenly there was with the angel a multitude of the heavenly host praising God, and saying, Glory to God in the highest, and on earth peace, good will toward men."

Today, though often unnoticed, God faithfully continues to send tokens of His love to encourage people. Our family, who has never been rich in the goods of this world has, since 2013, also suffered the sadness of losing a child and has by preaching truth acquired enemies in high places. Despite the fact that some of those enemies have tried again and again to remove anything that might bring us health, prosperity, or happiness, God has been ever faithful. We know firsthand that "It is of the LORD'S mercies that we are not consumed, because his compassions fail not. They are new every morning: great is thy faithfulness." Lam. 3:22-23 The good thing about having lots of bad stuff happen to you is that amidst trouble you can more easily discern God's helping hand. Often one of us will say, "God is good," while the other replies "all the time." In the midst of the tribulations of this world, God comforts us

regularly by giving many tokens of His love. For example, one day when I

was having a rough time not too long after our son died, God put two linked rainbow circles directly over our house. (This is the best picture we could compile since the sun was in the middle of one of the circles.) The rainbow is one of

the tokens that the Bible mentions as such, saying, "I do set my bow in the cloud, and it shall be for

a <u>token of a covenant</u> between me and the earth." Genesis 9:13 This token of the covenant reminded us that God is still in the business of keeping His promises and will make all things beautiful in His time. (Ecclesiastes 3:11)

Over the years, God has sent food us when it was needed, made flowers to bloom in places they had never bloomed before, "highlighted" appropriate texts in our Bibles just when we needed encouragement, fixed generators in answer to prayer when we had done all we could and had no more ideas, averted what could have been deadly attacks of our enemies, multiplied food in our barrels, caused our water tank to fill despite the fact that our spring wasn't running, blessed natural remedies with supernatural results, and sent numerous other tokens of His love and care. Indeed, as the Psalmist wrote, "Thou, O Lord, art a God full of compassion, and gracious, longsuffering, and plenteous in mercy and truth...Shew me a token for good; that they which hate me may see it, and be ashamed: because thou, LORD, hast holpen [helped] me, and comforted me." Psalm 86:15,17



We can testify that God is faithful and the best friend you could ever have. He has said, "I will never leave thee, nor forsake thee." Hebrews 13:5 Don't forget to look for the tokens of love that God has spread in your pathway. "Behold his smile in the glad sunshine, and his love and care for man in the rich fields of autumn. Even the adornments of the earth, as seen in the grass of living green, the lovely flowers of every hue, and the lofty and varied trees of the forest, testify to the tender, fatherly care of our God, and to his desire to make his children happy." {ST, March 13, 1884, par. 9} Indeed, James 1:17 informs us,

"Every good gift and every perfect gift is from above, and cometh down from the Father of lights, with whom is no variableness, neither shadow of turning."

Recently, our family received an extra special glowing exhibition in the heavens designed by the "Father of lights." As if from the peak of an umbrella, the northern lights were centered directly over our house and streamed out in glorious splendor to the horizons around







our home. Truly, it is time to worship the Creator. This Thanksgiving our family is thankful for God's tokens that show His faithful love and care for His children and give us a little foretaste of the beauties of our heavenly home.

"Unto thee, O God, do we give thanks, unto thee do we give thanks: for that thy name is near thy wondrous works declare." Psalm 75:1



Natural Remedies an 8-year Old Can Do (Little Runners' Special)





If I burn my finger, what can I do to make it feel better and heal faster?



You can break open a leaf of the aloe vera plant and put the gel on the burn.

Leaving the skin of the aloe on, helps to keep the gel from drying out.









What if my brother feels like he is getting sick, can I help him not to get sick?



You can use water treatments.

Make sure he drinks lots of water.



Then give him a cold-mitten friction. Start by putting him under a blanket to keep him warm. Take out an arm or leg one at a time and rub it down with a cold cloth dipped in ice water. Don't forget to wring the cloth out good. Also dry his arm or leg with a towel before putting it back under the covers to keep warm. This will help his white blood cells to fight the disease better.



We could make some ginger tea out of ginger powder mixed in warm plant milk or water. It helps with nausea.

You would need to remember to drink plenty of water, but if it is hard to drink water, sometimes eating chipped ice is easier.



If the pain gets really bad we can blend 4-6 garlic cloves in a blenderful of water and add about 3-4 Tbsp of activated charcoal powder. When you drink this it helps to kill and absorb the bad stuff that is making your stomach hurt.

> You can crush a plantain leaf and make a poultice, or you can grate a potato and make a poultice to put over the red spot. It will pull out the infection.

If you are a long way from the house, put mud or a plantain leaf on the sting. It will help absorb the poison. When you get back to the house you can mix charcoal and quick oats together with a little water to make a poultice to put on it.

Drinking activated charcoal water and something high in vitamin C like lemon water or orange juice is also helpful.

The Best We Can Do

"But God hath chosen the foolish things of the world to confound the wise; and God hath chosen the weak things of the world to confound the things which are mighty; And base things of the world, and things which are despised, hath God chosen, yea, and things which are not, to bring to nought things that are:" 1 Corinthians 1:27,28

God often chooses insignificant people and events to bring about His great purposes. A story that took place in World War II shows how the smallest deed can make all the difference in the world to someone.

During the last months of the War, the British conducted daily bombing raids over Berlin and one night the bombers were attacked by a large group of German fighter planes.

During the dogfight one of the bomber planes got separated from the protection of British fighter planes. They watched helplessly as a German fighter plane came within range.

Bullets whizzed by over and over until Thud! Thud! Thud! Thud! Thud! Five bullets slammed into the fuselage of the bomber near the fuel tank.

The crew braced for the explosion, but it never came. Fuel poured from the bullet holes, but there was no explosion. After landing, a mechanic handed the pilot five bullets he had pulled from the plane.

The pilot carefully opened the explosive tip and found that they were empty --- except for a tiny wad of paper with a note that read: "We are Polish POWS [prisoners of war] forced to make bullets. When guards do not look, we do not fill with explosive. Is not much, but is best we can do."

Those five small bullets were made by a few weak and lowly prisoners. But because of the small effort of those prisoners every member of that British bomber crew made it home alive. It didn't seem like much to those POW's, but for the crew of that British bomber it made all the difference in the world.

We are prisoners of circumstance held hostage in a sinful world. Why not come up with a plan of something you can do this week to aid the cause of your Redeemer. Maybe you don't think you have much to give, but let me assure you that God can turn the smallest deed, just a token of your time, whatever you have, into life changing actions.



Kids' Corner

God's Amazing Creations



Greater flamingos live in parts of Africa, Western Asia, and Southern Europe. They are most often found in salt lakes, costal lagoons, and intertidal (meaning covered at high tide and uncovered at low tide) mudflats. The diet of greater flamingos consists of small invertebrates (animals, like snails, that don't have a backbone), microalgae, and plant seeds. One of the ways these birds forage or look for food is by stamping and lifting their legs rapidly while holding their unique bill close to filter the food out of the water. With all the amazing animals God created, we have a lot to be thankful for this year!

"In every thing give thanks: for this is the will of God in Christ Jesus concerning you." 1 Thessalonians 5:18 See if you can match these things that you wouldn't normally think about thanking God for to the reason why you should be thankful for them. It means you have Be thankful for somewhere nice to sleep. dirty dishes. Some people don't. Be thankful for ______ They mean you worn out shoes. have food to eat. Be thankful for It means you don't have making your bed. to worry about forgetting to breathe. Be thankful God made you _____ They show to breathe you can walk. automatically. Bed making & breathing images from pngtree.com



As Religious Liberty erodes, God's Word makes it into the News

Prophetic News Notes

The Washington Times

America's Newspap

News Policy Commentary

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U.K. convicts pro-life veteran of thought crime for praying outside abortion clinic



Around the world religious liberty seems to be under fire. Now the punishment of a "thought crime" in the U.K. has made the news. The Washington Times reported, "A British army veteran has now been convicted for silently praying outside an abortion clinic, in what experts are calling 'a legal turning point of immense proportions' for free speech and religious liberty in the U.K."1

Apparently, due to a "Public Spaces Protection Order," anything appearing to be anti-abortion is no longer allowed within a buffer zone around abortion clinics. "Smith-Connor had slightly bowed his head and clasped his hands in prayer on a public green in a buffer zone...During a confrontation with police officers that he recorded, they asked him, "What is the nature of your prayer?" Not being allowed to pray silently in a public space to the God of your choice is reminiscent of the decree

The book of Revelation.

that got Daniel thrown into the Lion's Den and also the time period of the Inquisition. In court, "Defense attorneys argued that Smith-Connor's prayerful thoughts, beliefs and opinions were not a crime, especially as he stood peacefully and silently on a public street. He stood behind a tree, spoke to no one and had his back to the facility." ²

"Sir Edward Leigh, 'Father of the House of Commons,' meaning the most senior Member of Parliament, expressed outrage at the outcome. "It is disgraceful that in Britain in 2024 someone can be put on trial for praying silently in his head,' Leigh said. 'Unfortunately, we have seen repeated cases of free speech under threat in the U.K. when it comes to the expression of Christian beliefs. To offer a prayer silently in the depths of your heart cannot be an offense. The government must clarify urgently that freedom of thought is

protected as a basic human right."3



The good news is, in the midst of all the turmoil, God's word still stands. After all the flooding from Hurricane Helene, a Bible was found on a fencepost reminding us of the promise, "So shall my word be that goeth forth out of my mouth: it shall not return unto me void, but it shall accomplish that which I please, and it shall prosper in the thing whereto I sent it." Isaiah 55:11 Here is the transcribed report of those who found the Bible. "So this Bible was found after the flood from Hurricane Helene on this fencepost. And it is on Revelation 14, 15. Of all the things destroyed that was left open. And it's sitting there, and we're not touching it. So this house was buried and flooded all the way to

the roof originally. The man that lived here had to be rescued off of the roof by a raft. And they are just emptying, just demoing the entire house, and this Bible was found on a pole open to Revelation." Someone commented on the video stating, "I would like to see the details of how is attached to the pole." The person who posted the video replied, "I am back home, but it seems to be the starch from the paper and the water glued it there. I cannot confirm." Interesting isn't it? As if recommending a certain message of importance, this Bible was basically pasted open to the message of the three angels of Revelation 14! Zooming in on the picture, I could read the KJV narration of all three messages. "Fear God, and give glory to him; for the hour of his judgment is come... Babylon is fallen, is fallen" and "If any man worship the beast and his image, and receive his mark in his forehead, or in his hand, the same shall drink of the wine of the wrath of God...Here is the patience of the saints: here are they that

keep the commandments of God, and the faith of Jesus." (Rev. 14:7-12) Indeed, with the paper made from their pulp, we can almost hear, "the trees of the wood sing out at the presence of the LORD, because he cometh to judge the earth." 1Chr. 16:33 It's time to be ready!

¹⁻⁻ https://www.washingtontimes.com/news/2024/oct/18/adam-smith-connor-convicted-in-uk-of-thought-crime/ 2 https://www.christiandaily.com/news/uk-christian-found-guilty-of-praying-near-abortion-clinic.html 4-- https://www.youtube.com/shorts/0CNON4ppc50